






Mon	Tue	Wed	Thu	Fri	Sat
 <p>National Eye Health Care Month</p>	<p>****All Potluck luncheons and Guest Speakers require advanced registration at the front desk or call (703)273-6090</p>		<p>1</p> <p>CLOSED FOR NEW YEAR's Day</p> 	<p>2</p> <p>8am: Men's Coffee Group 10am: Grand Slam Bridge 10:30am: BINGO 12noon: January Birthdays! 1:30pm: Euchre</p>	<p>3</p> <p>Bold items on calendar are new sessions beginning or special events.</p>
<p>5</p> <p>8am: Men's Coffee Group 9:30am: Contract/Duplicate Bridge 9:30am: Beg Bridge / Grand Slam 10:30am: Line Dancing – NEW! 10am: Mah Jong/ Chess Noon: NOVA Neighbors Bridge 1pm-3pm: Pickleball 2:15pm: Chair Yoga – NEW! 4pm-5:30pm: Art for Seniors-NEW</p>	<p>6 SNOW!</p> <p>8am: Men's Coffee Group 8:30am: Seniocrise – NEW! 9:30am: Mexican Train 10am: Canasta / Military History-CX 11:30am: Easy Strength Training 1pm: Current Events 1pm-3pm: Pickle ball 2:20pm: Basic Barre – NEW! - CX</p>	<p>7</p> <p>8am: Men's Coffee Group 8:30am: Seniocrise 10am: Pinochle 9:00am: Library of Congress & Botanical Gardens Trip - CX 11am: Your iPad – NEW! 1pm-3pm: Pickleball 2:15pm: ComeSit Meditation-NEW</p>	<p>8</p> <p>8am: Men's Coffee Group 9:30am: Adv. Contract Bridge 10am: Mah Jong 10:30am: German Conversation - CX 11:30am: Easy Strength Training 12:30pm: Marketing Committee 1pm-3pm: Pickleball 1pm – 4 pm: Millennium Art Guild 2:15pm: Sit & Get Fit – NEW!</p>	<p>9</p> <p>8am: Men's Coffee Group 8:30am: Seniocrise 9:15/10:15am: Tai Chi- Adv/Beg 10am - Grand Slam Bridge 10:30am: BUNCO Noon: Brown Bag Day /Games 1:30pm: Euchre 2pm: Trip Committee Meeting</p>	<p>10</p> <p>Fitness Room Open House 9am-2pm</p> 
<p>12</p> <p>8am: Men's Coffee Group 9:30am: Contract/Duplicate Bridge 9:30am: Beg Bridge / Grand Slam 10am: Mah Jong/ Chess 10:30am: Line Dance 10:30am: DAY AT THE RACES 1pm-3pm: Pickleball 2:15pm: Chair Yoga 4pm-5:30pm: Art for Seniors</p>	<p>13</p> <p>8am: Men's Coffee Group 8:30am: Seniocrise 9:30am: Mexican Train 10am: Military History / Canasta 11:30am: Easy Strength Training 1pm: Current Events 1pm-3pm: Pickleball 1pm: Hospitality Committee Meeting 3/4pm: Beg/Int Pickleball Lessons</p> 	<p>14</p> <p>National Hat Day 8am: Men's Coffee Group 8:30am: Seniocrise 10am: MOVIE & POPCORN: "Finding Neverland" true story! 10am: Pinochle 11am: Your iPad 11:15am TRIP: Cryptology Center 1pm-3pm: Pickleball 2:15pm: Come Sit Meditation</p>	<p>15</p> <p>8am: Men's Coffee Group 9:30am: Adv. Contract Bridge 10am: Mah Jong 10:15am: Fairfax Antique Arts Assn 10:30am: German Conversation 11:30am: Easy Strength Training 11:30/11:45am: LUNCH BUNCH 1pm-3pm: Pickleball 1pm – 4pm: Millennium Art Guild 2:15pm: Sit & Get Fit</p>	<p>16</p> <p>8am: Men's Coffee Group 8:30am: Seniocrise 9:15/10:15am: Tai Chi- Adv/Beg 10am - Grand Slam Bridge 10:30am: BINGO 11am: Computers 101- FREE! 12:30pm Table Games 1:30pm: Euchre</p>	<p>17</p>
<p>19</p> <p>CLOSED for MARTIN LUTHER KING, JR. DAY</p> 	<p>20</p> <p>8am: Men's Coffee Group 8:30am: Seniocrise 9:30am: Mexican Train 10am: Canasta / Military History 11:30am: Easy Strength Training 1pm: Current Events 1pm-3pm: Pickleball 3/4pm: Beg/Int. Pickleball lessons</p> 	<p>21</p> <p>8am: Men's Coffee Group 8:30am: Seniocrise 9:00am Trip: Walter's Art Museum 10am: Pinochle 11am: Your iPad 1pm-3pm: Pickleball 2:15pm: Come Sit Meditation</p>	<p>22</p> <p>8am: Men's Coffee Group 9:30am: Adv. Contract Bridge 10am: Mah Jong 10:30am: German Conversation 11:30am: Easy Strength Training 1pm-3pm: Pickleball 1pm – 4pm: Millennium Art Guild 2:15pm: Sit & Get Fit</p>	<p>23</p> <p>8am: Men's Coffee Group 8:30am: Seniocrise 9:15/10:15am: Tai Chi- Adv/Beg 9:30am: Cut Coupons for Military 10am: Grand Slam Bridge 10am: 90's Club 11am: Senior Talent Show & Soup Festival 1:30pm: Euchre</p>	<p>24</p> 
<p>26</p> <p>8am: Men's Coffee Group 9:30 am: Contract/Duplicate Bridge 9:30am: Beg Bridge / Grand Slam 10am: Mah Jong/ Chess 10:30am: Line Dance 10:30am: DAY AT THE RACES 1pm-3pm: Pickleball 2:15pm: Chair Yoga 4pm-5:30pm: Art for Seniors</p>	<p>27</p> <p>8am: Men's Coffee Group 8:30am: Seniocrise 9:30am: Mexican Train 10am: Canasta / Military History 11:30am: Easy Strength Training 1pm: Current Events 1pm-3pm: Pickleball 2pm: Senior Council Meeting 3/4pm: Beg/Int. Pickleball lessons</p>	<p>28</p> <p>8am: Men's Coffee Group 8:30am: Seniocrise 10am: Pinochle 10:30am TRIP: Phillips Collection 11am: Your iPad 1pm-3pm: Pickleball 2:15pm: Come Sit Meditation</p>	<p>29</p> <p>8am: Men's Coffee Group 9:30am: Adv. Contract Bridge 10am: Mah Jong 10am: Fabric Fanatics Sewing 10:30am: German Conversation 11:30am: Easy Strength Training 1pm-3pm: Pickleball 1pm – 4pm: Millennium Art Guild 2:15pm: Sit & Get Fit</p>	<p>30</p> <p>Chinese New Year 8am: Men's Coffee Group 8:30am: Seniocrise 9:15/10:15am: Tai Chi- Adv/Beg 10am: Grand Slam Bridge 11am Speaker: James Bond - Moral Compass 10am - Grand Slam Bridge Group 10:30am: BUNCO 12:30pm Table Games 1:30pm: Euchre</p>	<p>31</p> <p>Check out our website www.fairfaxva.gov Calendar subject to change--updates will be posted on website and at Senior Center.</p>

Mon	Tue	Wed	Thu	Fri	Sat
<p>****All Potluck luncheons and Guest Speakers require advanced registration at the front desk or call (703)273-6090</p>				<p>Check out our website www.fairfaxva.gov Calendar subject to change-- updates will be posted on website and at Senior Center.</p>	<p>Bold items on calendar are new sessions beginning or special events.</p>
<p>2 8am: Men's Coffee Group 9:30am: FREE Bridge Class - NEW 9:30am: Contract/Duplicate Bridge 9:30am: Beg Bridge / Grand Slam 10am: Mah Jong/ Chess 10:30am: Line Dance Noo: NOVA Neighbors Bridge 1pm-3pm: Pickleball 2:15pm: Chair Yoga 4pm-5:30pm: Art for Seniors</p>	<p>3 8am: Men's Coffee Group 8:30am: Seniorcise 9:30am: Mexican Train 10am: Canasta / Military History 11:30am: Easy Strength Training 1pm: Current Events 1pm-3pm: Pickleball 1pm: Hospitality Committee Meeting 3/4pm: Int./Beg. Pickleball lessons</p>	<p>4 8am: Men's Coffee Group 8:30am: Seniorcise 10am: Pinochle 11am: Your iPad 1pm-3pm: Pickleball 2pm: Learn Spanish – NEW! 10:00am Trip: Riverside Theater Music of Andrew Lloyd Webber</p>	<p>5 8am: Men's Coffee Group 9:30am: Adv. Contract Bridge 10am: Mah Jong 10:30am: German Conversation 11:30am: Easy Strength Training 1pm-3pm: Pickleball 1pm-4pm: Millennium Art Guild 2pm: Senior Council – Jan. make-up 2:15pm: Sit & Get Fit</p>	<p>6 8am: Men's Coffee Group 8:30am: Seniorcise 9:15/10:15am: Tai Chi- Adv/Beg 10am: Grand Slam Bridge 10:30am: BINGO 11:30am: Exercise Equipment Noon: Brown Bag Day/Games 12noon: February Birthdays! 1:30pm: Euchre 2pm: Trip Committee Meeting</p>	<p>7 Fairfax Chocolate Festival - Sat & Sun</p>
<p>9 8am: Men's Coffee Group 9:30am: FREE Bridge Class 9:30am: Contract/Duplicate Bridge 9:30am: Beg Bridge / Grand Slam 10am: Mah Jong/ Chess 10:30am: Line Dance 10:30am: DAY AT THE RACES 1pm-3pm: Pickleball 4pm-5:30pm: Art for Seniors</p>	<p>10 8am: Men's Coffee Group 8:30am: Seniorcise 9:30am: Mexican Train 10am: Canasta / Military History 11:30am: Easy Strength Training 1pm: Current Events 1pm-3pm: Pickleball 3/4pm: Beg/Int. Pickleball lessons</p>	<p>11 8am: Men's Coffee Group 8:30am: Seniorcise 10am: Pinochle 11am: Your iPad 11:30am Trip to Potomac Mills & Rheingarten German Restaurant 1pm-3pm: Pickleball 2pm: Learn Spanish</p>	<p>12 8am: Men's Coffee Group 9:30am: Adv. Contract Bridge 10am: Mah Jong 10:30am: German Conversation 11:30am: Easy Strength Training 12:30pm: Marketing Committee 1pm-3pm: Pickleball 1pm-4pm: Millennium Art Guild</p>	<p>13 8am: Men's Coffee Group 8:30am: Seniorcise 9:15/10:15am: Tai Chi- Adv/Beg 10am: Grand Slam Bridge 10:30am: BUNCO 11:30am: Valentine Potluck and Party 1:30pm: Euchre</p> 	<p>14 </p>
<p>16 CLOSED for Presidents' Day </p>	<p>17 8am: Men's Coffee Group 8:30am: Mar-Apr Trip Registration 8:30am: Seniorcise 9:30am: Mexican Train 10am: Canasta / Military History 11:30am: Easy Strength Training 1pm: Current Events 1pm-3pm: Pickleball 2:20pm: Basic Barre – NEW! 3/4pm: Beg/Int. Pickleball lessons</p>	<p>18 8am: Men's Coffee Group 8:30am: Seniorcise 10am: Pinochle 9:00am: New Baltimore Casino TRIP 10am: MOVIE & POPCORN: "Philomena" 11am: Your iPad 1pm-3pm: Pickleball 2pm: Learn Spanish</p>	<p>19 CHINESE NEW YEAR! 8am: Men's Coffee Group 9:30am: Adv. Contract Bridge 10am: Mah Jong 10:15am: Fairfax Antique Arts Assn 10:30am: German Conversation 11:30am: Easy Strength Training 11:30/11:45am: LUNCH BUNCH 1pm-3pm: Pickleball 1pm-4pm: Millennium Art Guild 2:15pm: Sit & Get Fit- NEW!</p>	<p>20 8am: Men's Coffee Group 8:30am: Seniorcise 9:15/10:15am: Tai Chi- Adv/Beg 10am: Grand Slam Bridge 10:30am: BINGO 11am: Speaker: Reflections - Personal Histories 12noon: Refreshments 1:30pm: Euchre</p>	<p>21</p>
<p>23 8am: Men's Coffee Group 9:30am: FREE Bridge Class 9:30am: Contract/Duplicate Bridge 9:30am: Beg Bridge / Grand Slam 10am: Mah Jong/ Chess 10:30am: Line Dance 10:30am: DAY AT THE RACES 1pm-3pm: Pickleball 2:15pm: Chair Yoga – NEW! 4pm-5:30pm: Art for Seniors</p>	<p>24 8am: Men's Coffee Group 8:30am: Seniorcise 9:30am: Mexican Train 10am: Canasta 10am: Military History 11:30am: Easy Strength Training 1pm: Current Events 1pm-3pm: Pickleball 2pm: Senior Council Meeting 2:20pm: Basic Barre</p>	<p>25 8am: Men's Coffee Group 8:30am: Seniorcise 10am: Pinochle 3/4: Toby's: Addams's Family 11am: Your iPad 1pm-3pm: Pickleball 2pm: Learn Spanish 2:15pm: Come Sit Meditation-NEW</p>	<p>26 8am: Men's Coffee Group 9:30am: Adv. Contract Bridge 10am: Fabric Fanatics Sewing 10am: Mah Jong 10:30am: German Conversation 11:30am: Easy Strength Training 1pm-3pm: Pickleball 1pm-4pm: Millennium Art Guild 2:15pm: Sit & Get Fit</p>	<p>27 8am: Men's Coffee Group 8:30am: Seniorcise 9:15/10:15am: Tai Chi- Adv/Beg 9:30am: Cut Coupons for Military 10am: Grand Slam Bridge 10am: 90's Club 10:30am: BUNCO 12noon: Refreshments 1:30pm: Euchre</p>	<p>28 Senior Flea Market 9am-1pm Green Acres Center  DONATE ITEMS IN FEB</p>

Mon	Tue	Wed	Thu	Fri	Sat
March is National Nutrition 					1
2 8am: Men's Coffee Group 9:30 am: Contract/Duplicate Bridge 9:30am: Beg Bridge / Grand Slam 9:30am: FREE Bridge Class 10am: Mah Jong/ Chess 10:30am: Line Dance Noon: NOVA Neighbors Bridge 1pm-3pm: Pickleball 2:15pm: Chair Yoga	3 8am: Men's Coffee Group 8:30am: Seniorcise – NEW! 9:30am: Mexican Train 10am: Canasta / Military History 11:30am: Easy Strength Training 1pm: Current Events 1pm-3pm: Pickleball 1pm: Hospitality Committee Meeting 2:20pm: Basic Barre	4 8am: Men's Coffee Group Trip - Toby's Dinner Theater: The Addams Family 8:30am: Seniorcise 10am: Pinochle 1pm-3pm: Pickleball 2pm: Learn Spanish 2:15pm: Come Sit Meditation	5 8am: Men's Coffee Group 9:30am: Adv. Contract Bridge 10am: Mah Jong 10:30am: German Conversation \ 11am: Travel Log: Don Lederer: International Balloon Festival 11:30am: Easy Strength Training 1-3pm: Pickleball 1pm- 4pm: Millennium Art Guild 2:15pm: Sit & Get Fit	6 8am: Men's Coffee Group 8:30am: Seniorcise 9:15/10:15am: Tai Chi- Adv/Beg 10am: Grand Slam Bridge 10:30am: BINGO 12noon: March Birthdays! Noon: Ask a nurse – blood pressure 1:30pm: Euchre 2pm: Trip Committee Meeting	7 Daylight Savings: Sunday, March 8th "SPRING FORWARD" - Set your clocks ahead 1 hour! 
9 8am: Men's Coffee Group 9:30 am: Contract/Duplicate Bridge 9:30am: Beg Bridge / Grand Slam 9:30am: FREE Bridge Class 10am: Mah Jong/ Chess 10:30am: DAY AT THE RACES 10:30am: Line Dance 1pm-3pm: Pickleball 2:15pm: Chair Yoga 4pm-5:30pm: Art for Seniors- NEW	10 8am: Men's Coffee Group 8:30am: Seniorcise 9:30am: Mexican Train 10am: Canasta 10am: Military History 11:30am: Easy Strength Training 1pm: Current Events 1pm-3pm: Pickleball 2:20pm: Basic Barre	11 8am: Men's Coffee Group 8:30am: Seniorcise Trip - Fort Mead Cryptology Center 10am: Pinochle 10am: MOVIE & POPCORN 11am: Your iPad – NEW! 1pm-3pm: Pickleball 2pm: Learn Spanish 2:15pm: Come Sit Meditation	12 8am: Men's Coffee Group 9:30am: Adv. Contract Bridge 10am: Mah Jong 10:30am: German Conversation 11:30am: Easy Strength Training 12:30pm: Marketing Committee  1pm-3pm: Pickleball 1pm – 4 pm: Millennium Art Guild 2:15pm: Sit & Get Fit	13 8am: Men's Coffee Group 8:30am: Seniorcise 9:15/10:15am: Tai Chi- Adv/Beg 9:30am: Beg. Photography- Free 10am: Grand Slam Bridge 10:30am: BUNCO Noon Table Games 1:30pm: Euchre	14
16 8 am: Men's Coffee Group 9:30am: Contract/Duplicate Bridge 9:30am: Beg Bridge / Grand Slam 9:30am: FREE Bridge Class 10am: Mah Jong/ Chess 10:30am: Line Dance – NEW! 11:30am: St Patrick's Day Potluck Noon: NOVA Neighbors Bridge 1pm-3pm: Pickleball 2:15pm: Chair Yoga 4pm-5:30pm: Art for Seniors	17 8am: Men's Coffee Group 8:30am: Seniorcise 9:30am: Mexican Train 10am: Canasta 10am: Military History 11:30am: Easy Strength Training 1pm: Current Events 1pm-3pm: Pickleball 2:20pm: Basic Barre	18 8am: Men's Coffee Group 8:30am: Seniorcise 10am: Pinochle 11am: Your iPad TRIP- Walter's Art Museum 1-3pm: Pickleball 2pm: Learn Spanish 2:15pm: Come Sit Meditation	19 1st Day of Spring 8am: Men's Coffee Group 9:30am: Adv. Contract Bridge 10am: Mah Jong 10:15am: Fairfax Antique Arts Assn. 10:30am: German Conversation 11:30am: Easy Strength Training 11:30/11:45am: LUNCH BUNCH 1pm-3pm: Pickleball 1pm – 4 pm: Millennium Art Guild 2:15pm: Sit & Get Fit	20 8am: Men's Coffee Group 8:30am: Seniorcise 9:15/10:15am: Tai Chi- Adv/Beg 9:30am: Beg. Photography 10am: Grand Slam Bridge 10:30am: BINGO Noon Table Games Noon: Ask a nurse – blood pressure 1:30pm: Euchre	21 Young at Heart Appraisal Show 10am-12:30pm Sherwood Center, 3740 Old Lee Highway 
23 8am: Men's Coffee Group 9:30am: Contract/Duplicate Bridge 9:30am: Beg Bridge / Grand Slam 10am: Mah Jong/ Chess 10:30am: Line Dance 10:30am: DAY AT THE RACES 1pm-3pm: Pickleball 2:15pm: Chair Yoga 4pm-5:30pm: Art for Seniors	24 8am: Men's Coffee Group 8:30am: Seniorcise 9:30am: Mexican Train 10am: Canasta / Military History 10am: AARP Smart Driver Course 11:30am: Easy Strength Training 1pm: Current Events 1pm-3pm: Pickleball 2pm: Senior Council Meeting 2:20pm: Basic Barre	25 8am: Men's Coffee Group 8:30am: Seniorcise 10am: Pinochle 10am: AARP Smart Driver Course 11am: Your iPad TRIP- Odyssey Boat Cruise 1pm-3pm: Pickleball 2pm: Learn Spanish	26 8am: Men's Coffee Group 9:30am: Adv. Contract Bridge 10am: Mah Jong 10am: Fabric Fanatics Sewing 10:30am: German Conversation 11:30am: Easy Strength Training 1pm-3pm: Pickleball 1pm: Current Events 1pm – 4pm: Millennium Art Guild 2:15pm: Sit & Get Fit	27 8am: Men's Coffee Group 8:30am: Seniorcise 9:15/10:15am: Tai Chi- Adv/Beg 10am - Grand Slam Bridge 10am: 90's Club 10:30am: Cut Coupons for Military 10:30am: BUNCO Noon Table Games 1:30pm: Euchre	28 Check out our website www.fairfaxva.gov Calendar subject to change updates will be posted on website and at or center.
30 8am: Men's Coffee Group 9:30 am: Contract/Duplicate Bridge 9:30am: Beg Bridge / Grand Slam 10am: Mah Jong/ Chess 10:30am: Line Dance 1pm-3pm: Pickleball 2:15pm: Chair Yoga	31 8am: Men's Coffee Group 8:30am: Seniorcise 9:30am: Mexican Train 10am: Canasta / Military History 11:30am: Easy Strength Training 1pm: Current Events/ Pickleball 2:20pm: Basic Barre – NEW!			Bold items on calendar are new sessions beginning or special events.	****All Potluck luncheons and Guest Speakers require advanced registration at the front desk or

4pm-5:30pm: Art for Seniors					call (703)273-6090
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CITY OF FAIRFAX SENIOR CENTER

April 2015

(703)273-6090

Mon	Tue	Wed	Thu	Fri	Sat
<p>****All Potluck luncheons and Guest Speakers require advanced registration at the front desk or call (703)273-6090</p>		<p>1 8am: Men's Coffee Group 8:30am: Seniorcise 10am: Pinochle 11am: Your iPad 11:30am: Spring Pot Luck and Plant Exchange 1pm-3pm: Pickleball 2:15pm: Come Sit Meditation-NEW</p>	<p>2 8am: Men's Coffee Group 9:30am: Adv. Contract Bridge 10am: Mah Jong 10:30am: German Conversation 11:30am: Easy Strength Training 1pm-3pm: Pickleball 1pm – 4pm: Millennium Art Guild 2:15pm: Sit & Get Fit – NEW!</p>	<p>3 GOOD FRIDAY 8am: Men's Coffee Group 8:30am: Seniorcise 9:15/10:15am: Tai Chi: Adv./Beg 10am: Grand Slam Bridge 10:30am: BINGO 12noon: April Birthdays! Noon: Ask a nurse – blood pressure 1:30pm: Euchre 2pm: Trip Committee Meeting</p>	<p>4</p> 
<p>6 8am: Men's Coffee Group 9:30am: Contract/Dupl. Bridge 9:30am: Beg Bridge / Grand Slam 10am: Mah Jong/ Chess 10:30am: DAY AT THE RACES 10:30am: Line Dance Noon: NOVA Neighbors Bridge 1pm-3pm: Pickleball 2:15pm: Chair Yoga – NEW! 4pm-5:30pm: Art for Seniors</p>	<p>7 8am: Men's Coffee Group 8:30am: Seniorcise 9:30am: Mexican Train 10am: Canasta 10am: Military History 11:30am: Easy Strength Training 1pm: Hospitality Committee Meeting 1pm: Current Events 1pm-3pm: Pickleball</p>	<p>8 8am: Men's Coffee Group 8:30am: Seniorcise 10am: Pinochle 11am: Your iPad TRIP- Green Springs Gardens Park 1pm-3pm: Pickleball 2:15pm: Come Sit Meditation</p>	<p>9 8am: Men's Coffee Group 9:30am: Adv. Contract Bridge 10am: Mah Jong 10:30am: German Conversation 11:30am: Easy Strength Training 12:30pm: Marketing Committee 1pm-3pm: Pickleball 1pm – 4pm: Millennium Art Guild 2:15pm: Sit & Get Fit</p>	<p>10 8am: Men's Coffee Group 8:30am: Seniorcise 9am: SR CENTER OPEN HOUSE 9:30am: Adv. Photography-NEW 9:15/10:15am: Tai Chi- Adv/Beg 10am: Grand Slam Bridge 10:30am: BUNCO Noon Table Games 1:30pm: Euchre</p>	<p>11</p>
<p>13 8am: Men's Coffee Group 8:30am May-June Trip Register 9:30am: Contract/Dupl. Bridge 9:30am: Beg Bridge / Grand Slam 10am: Mah Jong/ Chess 10:30am: Line Dance 1pm: Table games 1pm-3pm: Pickleball 2:15pm: Chair Yoga 4pm-5:30pm: Art for Seniors</p>	<p>14 8am: Men's Coffee Group 8:30am: Seniorcise 9:30am: Mexican Train 10am: Canasta 10am: Military History 11:30am: Easy Strength Training 1pm: Current Events 1pm-3pm: Pickleball 2:20pm: Basic Barre</p>	<p>15 8am: Men's Coffee Group 8:30am: Seniorcise TRIP- Gunston Hall of George Mason 10am: Pinochle 10am: MOVIE & POPCORN 11am: Your iPad 1pm-3pm: Pickleball 2:15pm: Come Sit Meditation</p>	<p>16 8am: Men's Coffee Group 9:30am: Adv. Contract Bridge 10am: Mah Jong 10:15am: Fairfax Antique Arts Assn. 10:30am: German Conversation 11:30am: Easy Strength Training 1pm-3pm: Pickleball 1pm – 4pm: Millennium Art Guild 2:15pm: Sit & Get Fit</p>	<p>17 8am: Men's Coffee Group 8:30am: Seniorcise 9:15/10:15am: Tai Chi- Adv/Beg 9:30am: Adv. Photography 10am: Grand Slam Bridge 10:30am: BINGO Noon: Ask a nurse – blood pressure 1:30pm: Euchre</p>	<p>18</p> <p>Bold items on calendar are new sessions beginning or special events.</p>
<p>20 8am: Men's Coffee Group 9:30am: Contract/Dupl. Bridge 9:30am: Beg Bridge / Grand Slam 10am: Mah Jong / Chess 10:30am: DAY AT THE RACES 10:30am: Line Dance Noon: NOVA Neighbors Bridge 1pm-3pm: Pickleball 2:15pm: Chair Yoga 4pm-5:30pm: Art for Seniors</p>	<p>21 8am: Men's Coffee Group 8:30am: Seniorcise 9:30am: Mexican Train 10am: Canasta 10am: Military History 11:30am: Easy Strength Training 1pm: Current Events 1pm-3pm: Pickleball 2:20pm: Basic Barre</p>	<p>22 8am: Men's Coffee Group 8:30am: Seniorcise 10am: Pinochle 11am: Your iPad TRIP - American Museum of Art 1pm-3pm: Pickleball 2:15pm: Come Sit Meditation</p>	<p>23 8am: Men's Coffee Group 9:30am: Adv. Contract Bridge 10am: Mah Jong 10:30am: German Conversation 11:30am: Easy Strength Training 12:30pm: Marketing Committee 1pm-3pm: Pickleball 1pm – 4pm: Millennium Art Guild 2:15pm: Sit & Get Fit</p>	<p>24 8am: Men's Coffee Group 8:30am: Seniorcise 9:30am: Adv. Photography Class 9:15/10:15am: Tai Chi- Adv/Beg 10am: Grand Slam Bridge 10am: 90's Club 10:30am: BUNCO Noon Table Games 1:30pm: Euchre</p>	<p>25</p>

27 8am: Men's Coffee Group 9:30am: Contract/Dupl. Bridge 9:30am: Beg Bridge / Grand Slam 10am: Mah Jong / Chess 10:30am: Line Dance Noon: NOVA Neighbors Bridge 1pm-3pm: Pickleball 2:15pm: Chair Yoga 4pm-5:30pm: Art for Seniors	28 8am: Men's Coffee Group 9:30am: Mexican Train 10am: Canasta / Military History 1pm: Current Events 1pm-3pm: Pickleball 2:20pm: Basic Barre	29 8am: Men's Coffee Group 10am: Pinochle 11am: Your iPad <u>TRIP - Library of Congress & Botanical Gardens</u> 1pm-3pm: Pickleball	30 8am: Men's Coffee Group 9:30am: Adv. Contract Bridge 10am: Mah Jong 10am: Fabric Fanatics Sewing 10:30am: German Conversation 10:30am: BOCCE mtg- begin May 7 1pm-3pm: Pickleball 1pm – 4pm: Millennium Art Guild 2:15pm: Sit & Get Fit	**** All Potluck luncheons and Guest Speakers require advanced registration at the front desk or call (703)273-6090
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